



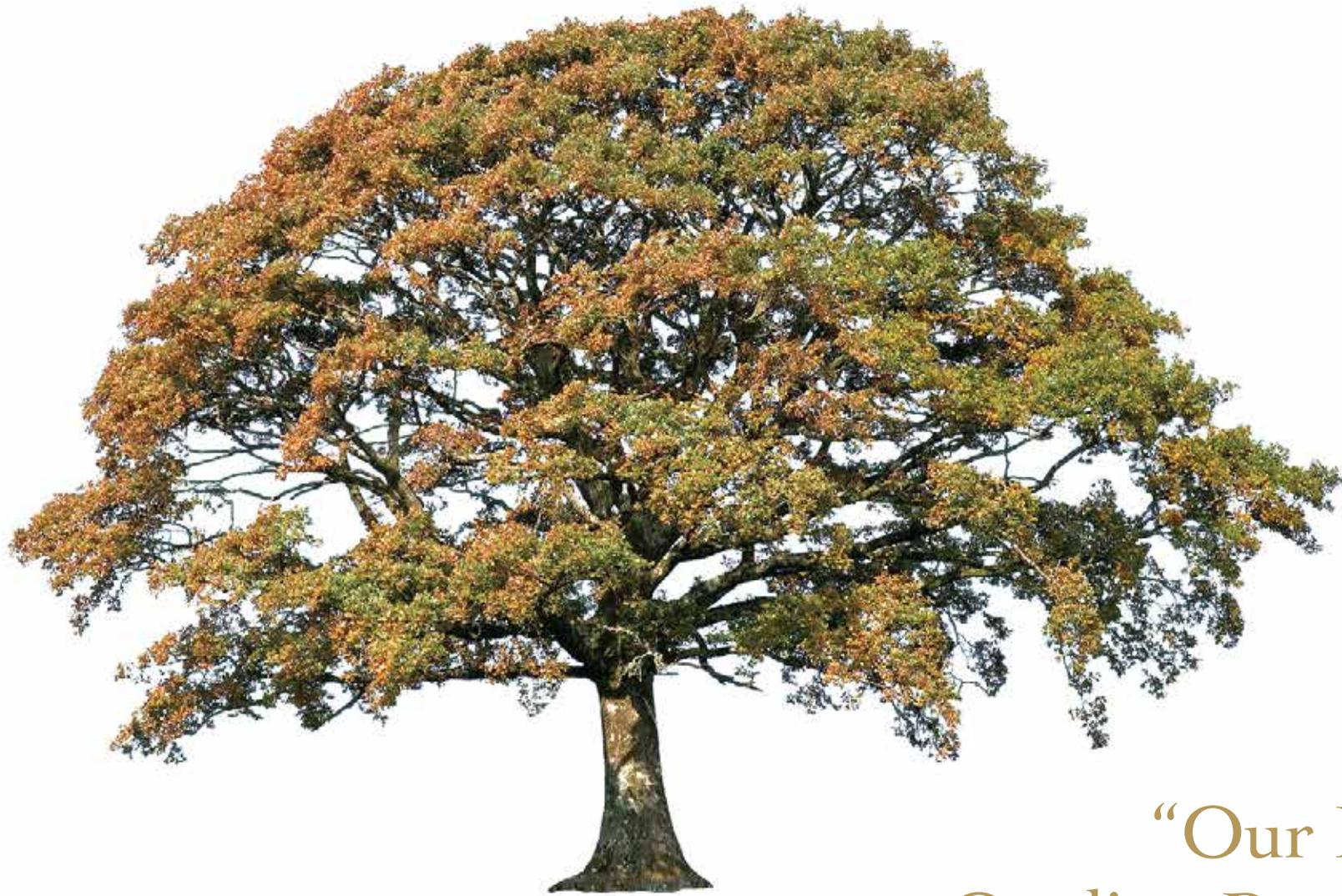
Oakfield

Psychological Services

NHS and Community Based
Psychological Provision

- Paediatrics
- Adults
- Diabetes
- Oncology
- Therapeutic Placements
- Looked After Children
- Trauma Focused Therapy
- Young People with Learning and Behavioural Difficulties
- Targeted Community based Training

Working throughout the United Kingdom



“Our Philosophy –
Quality, Respect, Caring
and Compassion are at the
heart of all we do.”

Introducing Oakfield Psychological Services

We are a major provider of psychological services within the NHS and Local Social Services.

Oakfield is dedicated to providing, what we believe to be, an unique specialised service, empowering service users and specialist staff through positive engagement to reach their full potential.





A truly professional
service designed to meet
individual needs.

NHS Provision

Specialist Multi-disciplinary Team

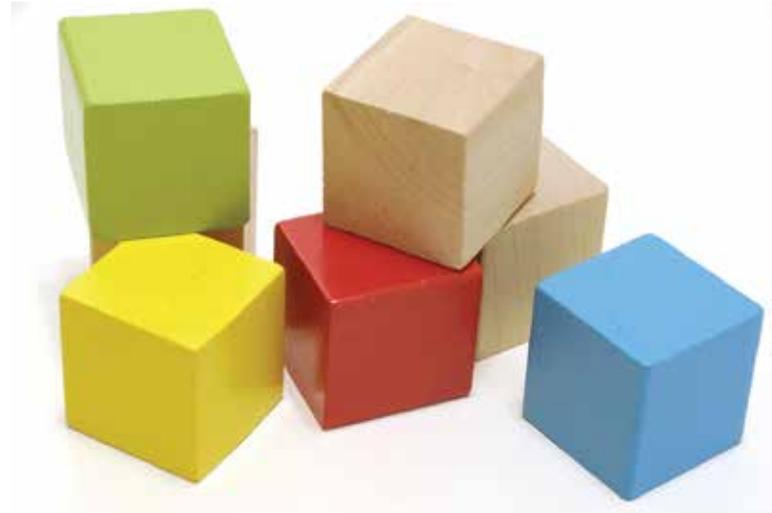
Working within specialist Multi-Disciplinary Teams, Oakfield provide essential assessment and interventions, supporting the care plan of patients as part of NHS provision.

Drawing on their experience, knowledge and expertise, Oakfield's specialist clinical led team also deliver tailored psychological intervention and support packages within community therapeutic placements.





Personal contact undertaken by our professionals is essential for comprehensive consolidation of all information, utilising an ever-expanding tool box of psychological assessment methods.



Assessment Framework

Oakfield conduct a variety of appropriate interim and full assessments to inform and support individual care plans.

- Family history
- Developmental history
- Attachment
- Appropriate Psychometric test
- Cognitive assessment
- Psychological functioning
- Trauma
- Neglect
- Abuse
- Social assessment
- Self esteem
- Anxiety / Adjustment disorder
- Behavioural assessment
- Risk of harm to self and/or others
- Interview
- Observation
- Parental assessment
- Gender reassignment therapy



Clinically Led Psychological Service for Children and Young People

Actual quotes from current NHS departments using the service.

| “It has revolutionised our service.”

| “The psychological support provided by the Oakfield team has been fully embraced by patients and nursing staff with positive results.”

| “The psychologists have uncovered underlying causes affecting (diabetic) patient care.”

| “The screening and training has allowed us to meet best practice tariffs in a very short time.”

| “An innovative arrangement for psychology provision has been implemented, which has greatly enhanced patient care and the PDT is to be congratulated on this.”

Extract from official report 2014.



Giving children a voice by listening.

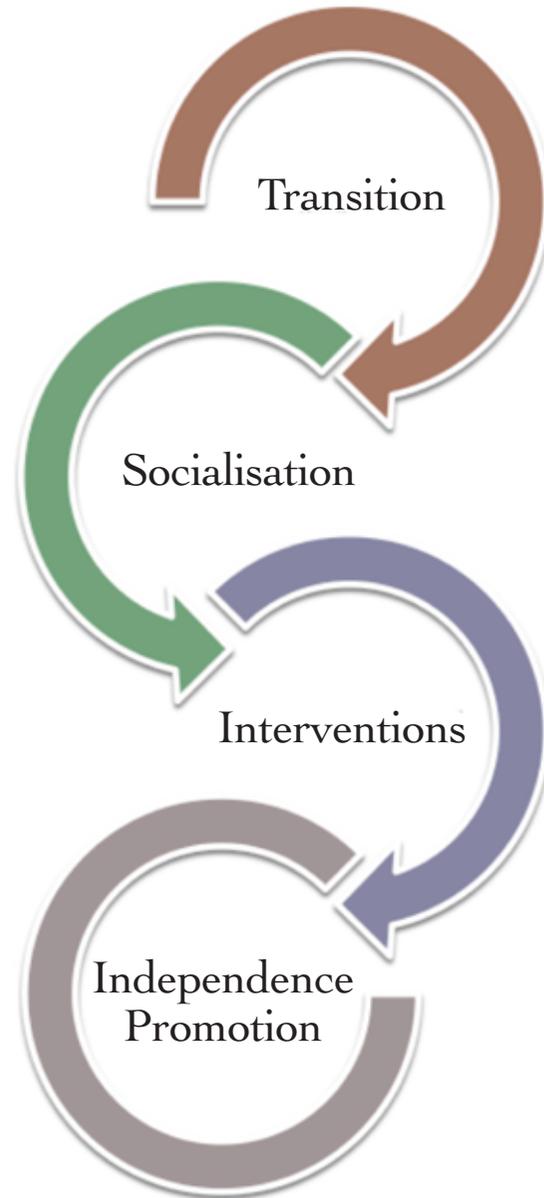


Understanding different communication strategies

- Young people communicate fears and needs in ways that are often misread. Cries for help can go unanswered or even punished.
- Environments that invalidate the individual's emotions and experiences will increase feelings of isolation and anxiety.
- Expressing themselves through maladaptive behaviour is often sought as a relief strategy.



Staged Pathway of Placement



- Staged introduction to therapeutic placement
- Meet Oakfield Clinical Team
- Placement Assessments / MDT review
- Formation of person-centered care package and collaborative goal setting

- Formation of meaningful relationships and secure attachments
- Development of social interaction and inclusion
- Scheduled weekly activity planner to promote social involvement

- Structured weekly planned interventions
- Daily Clinical Support worker sessions
- Clinical Specialist Team input
- Monthly MDT review
- Regular care-plan review meetings

- Promotion and development of life skills, resilience, education and vocation
- Future planning within care plan reviews
- Working closely with local services to discuss further step-down facilities / reducing package of care

Young People

For many young people, the care system can be a traumatic experience. Effective communication is a two way street; so we asked our young people how we are doing in the form of two questions. This is what they said:

What is Oakfield to you?

- Good support
- I can always talk to them when I need to
- I feel relaxed with them
- They listen AND hear me
- They really care
- They don't tell me what to do
- They help me to see things a different way
- They are different
- I have built a good relationship with the small team
- I can give them feedback and be real and honest
- Non judgemental

Oakfield is not what?

- Sitting on a waiting list
- A time waster
- Pressurising
- A test
- Someone trying to read your mind or 'get inside your head'
- Scary
- A person who tells you what to do
- Someone trying to change you

Seeing things Differently

We very much want to support you, but we can only do that if you help us by sharing your hopes and concerns. Seeing things differently can make such a difference.



Do you see an old lady or a young lady?



Do you see a face or an Eskimo?



How to Make a Referral

NHS

Admissions Criteria

Referrals within the hospital/outpatient setting require:

- Consultant to Consultant referral protocol
and/or
- Specialist Nursing team referral

Local Government Placements

Admissions Criteria

- Oakfield accept young people from the ages of 13-18 years within our community based settings
- To discuss placements, please contact our admission team

Required information

- Presenting problems
- Other significant behaviours
- Education report
- Results of any mental health assessment
- Last Placement report / Care plan

Voluntary and Charitable Services

Local voluntary and charitable services may access advice and support from Oakfield as part of our community engagement initiative.



Oakfield's Ongoing Community Support

Fostering – Adoption

Although many successful carers consider adoption as a natural progression, a belief often expressed is that adopting a child would mean an end to the support provided by social services.

We would hope to increase the number of Carers engaging in the adoption process by ensuring adequate psychological support is provided at both the fostering and caring stage, dispelling any correlation with adoption and removal of support.

We wish to provide additional support for existing adoptive parents through a planned care package.

What have we learnt?

- Those Carers who feel supported are more likely to provide successful placements.
- Out of hours support, providing specialists help when required is essential in supporting Carers.
- Effective psychological intervention training designed through consultation with Carers often prevents breakdowns in placements.
- Contact with other Carers is a valuable support strategy.
- Successful Carers often go on to become successful adoptive parents.



Getting the carers involved in their own learning.

The carers readily took on board simple and effective techniques demonstrated throughout the day. It was important to get everyone involved in the learning process.





Training in Psychology

Oakfield have a long and proud history of training individuals through our Assistant Psychologist training programme, through to completion of Doctoral studies.

In addition to educational talks, Oakfield provides a full range of short 1 and 3-day psychology courses to meet the needs of those involved within children and adult services.

We are dedicated to the ongoing development of psychological knowledge and skills in support of service users.



Oakfield Educational Provision

Oakfield provide continual professional development for all staff members.

In 2018, Oakfield took the decision not only to assist with Assistant Psychologist placements but also to support our Assistants within their Doctorate Training through partial bursary.

To date, Oakfield have provided two members of staff with financial bursaries to support their goal in gaining their Doctorate.

Through our continued professional development programme, all Oakfield staff members undertake specialist training provision.



Certificate Number: 12513





Training together
Developing together
Working together
Achieving together

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